

Macmillan Support Line

If you are worried about money, work or treatment, or you just want to speak about whatever matters to you, we'll listen and support. We can offer guidance and help you find the right information and support in your area.

Talking about cancer can be tough. Our cancer support specialists offer a listening ear and are ready to talk about whatever matters to you. Providing expert cancer information to help you find your best way through.

Call free on 0808 808 0000 Monday-Friday, 9am-5pm

Support groups

Local support groups are based in local communities all over the country. If you are living with cancer, they offer a safe and supportive environment for you to talk about the issues that matter to you.

Each group is unique, but they all include people who have been affected by cancer. There are many groups across the South West and you can find your nearest one by using the in your area search on Macmillan's website, <https://www.macmillan.org.uk/in-your-area/choose-location.html> However 'In Your Area' is not a comprehensive list of support groups and only includes those groups who have requested to be included in it.

Macmillan is working with support groups to help them remain connected while adhering to social distancing and isolation measures.

A full list of support groups is available in Appendix 1.

For further information on getting in touch with support groups in the South West, contact the Macmillan Engagement team:

Somerset and Avon

Kathleen Gillett – 07834 192203 kagillett@macmillan.org.uk

Gloucestershire

Allan Warnock - 07834 192241, AWarnock@macmillan.org.uk

Wiltshire

Elizabeth Stickney - 07764 503475 EStickney@macmillan.org.uk

Volunteering support

Macmillan is offering a telephone volunteer befriending service in some areas of the Thames Valley but is working hard to expand this in light of the Covid-19 pandemic. To talk about volunteer support for people with cancer near you, contact Piers Cardiff, Macmillan Volunteering Services Manager, on 07866 202537 or PCardiff@macmillan.org.uk

Macmillan Information Services

**For information, support or just someone to talk to,
call 0808 808 00 00 or visit macmillan.org.uk**

Macmillan Cancer Support, registered charity in England and Wales (261017), Scotland (SC039907) and the Isle of Man (604). Also operating in Northern Ireland. A company limited by guarantee, registered in England and Wales company number 2400969. Isle of Man company number 4694F. Registered office: 89 Albert Embankment, London SE1 7UQ. VAT no: 668265007



Gloucester Macmillan Information Hub

During this time, you can access the Macmillan information hub for information and support by:

Telephone: 0300 422 8880

Mobile: 07741 736540

Email: ghn-tr.macmillanhub@nhs.net

Benefits advice services

When you have cancer, your income might go down and your spending might go up because of lost work, the cost of travel or maybe higher heating bills. For help with money worries, the Macmillan benefits advice workers can help you.

Bristol Macmillan Citizen Advice

During this period advice will continue to be available by telephone, email and on-line.

Telephone: 03444 111 444

Email: See template on our website

On-line: www.bristolcab.org.uk

Citizens Advice - Bath and North East Somerset

During this period advice will continue to be available by telephone, email and on-line.

Telephone: 0344 848 7919 Monday to Friday from 9.30am to 2.30pm

Email; See template on our website

On-line; www.citizensadvicebanes.org.uk

Citizens Advice North Somerset

During this period advice will continue to be available by telephone, email and on-line

- Online - www.citizensadvice.org.uk
- Phone - 03444 111444 (Mon-Fri 9am-5pm)
- Client line - 01934 836200
- Email - advice@nscab.org.uk (please allow 5 working days for response)
- Twitter - [@CAB_NSomerset](https://twitter.com/CAB_NSomerset)
- Facebook - [@CitizensAdviceNS](https://www.facebook.com/CitizensAdviceNS)

Citizens Advice South Somerset

During this period advice will continue to be available by telephone, email and on-line.

Telephone: 03444 88 9623 between 10am and 4pm Monday to Friday

You can also contact the national Consumer Helpline on 035454 040506. This helpline is open Monday to Friday 9:00am to 5:00pm.

Are you Deaf or Hard of Hearing?

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MACMILLAN CANCER SUPPORT

Clients who are deaf or hard of hearing can call the Citizens Advice Text Relay service on 03444 111 445

Email; See template on our website

On-line: www.citizensadvicesouthsomerset.org.uk

Citizens Advice Taunton

During this period advice will continue to be available by telephone, email and on-line

Telephone – call 03444 889623 this is a local-rate call and the line is open Monday to Friday 10am to 4pm

Online – complete our advice form at: <https://citizensadvicetaunton.org.uk/advice-form/>

North and West Gloucestershire Macmillan Citizen Advice

During this period food bank vouchers and advice will continue to be available by telephone, email and on-line:

Telephone: 01452 527202 or 01594 823927

Email: See template on our website

On-line: www.gloscab.org.uk

Wiltshire Macmillan Citizen Advice

<https://www.citizensadvicewiltshire.org.uk/>

Telephone: 03444 111 444

Macmillan Online Community

If you're facing cancer, or love someone who is, there may be times when you need to talk about things or just hear from those who've been there. Our Online Community has people who understand how you feel, because they're facing cancer too.

It's safe and always available online. Go to community.macmillan.org.uk

Social media

For support, updates and tips on coping with isolation, follow Macmillan in the South West by going to [facebook.com/MacmillanSouthCentral](https://www.facebook.com/MacmillanSouthCentral)

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Appendix 1: Independent Support groups

Gloucestershire

Cross Roads Care T: 01594 823414 e-mail: admin@crossroadsfd.org.uk www.crossroadsfd.org.uk
Sahara-Seheli, Women's Group from different Asian communities contact Helen Down on
01242 774960 helen.dwon@cheltenham.gov.uk
Leckhampton Support group for carers Peggy Taylor: 01242 862394 or Brian Decker 01242 233751
bidecker@talktalk.net
Great Oaks Dean Forest Hospice 01594 811910 clerical@great-oaks.org.uk www.great-oaks.org.uk
Longfield 01453 886868 www.longfield.org.uk day.service@longfield.org.uk
Charlies Community Support charlies2014@yahoo.co.uk Jo Sutherland 07786 547439
www.charlies.org.uk
Maggies Centre (Cheltenham & Coleford) 01242 250611 cheltenham@maggiescentres.org
Focus information & Support Centre 0300 422 4414/01242 422 3226 ali.williams2@nhs.net
www.gloshospitals.nhs.uk/our-services
Gloucestershire Black Carers Forum 01452 733060
Gloucestershire Young Carers 01452 733060
Cotswold Prostate Cancer Support Group 07703 477391 www.cotswoldprostatecancer.org
Stoma Support Group Liz 01594 368523
Keeping Abreast www.keepingabreast.org.uk/support-groups-in-the-south-west
Shine Cancer Support www.shinecancersupport.org
Brain Tumour Support www.braintumoursupport.co.uk www.braintumoursupport.co.uk
Mummy's Star info@mummysstar.org www.mummysstar.org
Flat Friends www.flatfriends.org.uk support@flatfriends.org.uk
Brain Tumour Support 01454 422 701 www.braintumoursupport.co.uk
Thyroid Cancer Support West www.thyroidwerst.co.uk
Urostomy Association Cotswold Branch Hazel 01386 430140
Broadway & District Cancer Support Group Pat 01386 41055 Jill 01386 858679

Wiltshire (and groups serving Wiltshire)

Bath Brain Tumor Support Group

Providing telephone support currently between 9am – 5pm

Telephone - 01454 422701 - www.braintumoursupport.co.uk

Support Worker Sarah Erskine 07711597164 sarah@braintumoursupport.co.uk

Swindon Lymphoma association support group

Bath Lymphoma action support group

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MACMILLAN CANCER SUPPORT

National helpline - 0808 808 5555 - not providing advice about Coronavirus, patients advised to speak to a medical professional

Swindon Bladder Cancer Support Group

Telephone support currently being provided

Dick Hills on 01249-822417 (Mon-Sun) or Pete Mundy on 01672-513924 (evenings)

www.swindonbladdercancersupport.org.uk

We Hear You Cancer Support Group

Currently providing telephone support telephone - 01373 455255

info@wehearyou.org.uk

also providing online telephone counselling www.wehearyou.org.uk

Cancer support Salisbury -

Contact (Rachel Salter)

holding zoom drop ins and are offering telephone chats

Please call 07926841698

or email info@cancersupportsalisbury.com

HUG Swindon Haematology Oncology United Group

Providing telephone support during

hugswindon@btinternet.com

www.hugswindon.org.uk - Please note this website address is currently advertised incorrectly on the Macmillan website I have emailed the team to amend

Telephone - Irene Brownlee on 01488 72100 (Some availability during day, most evenings)

ABC Swindon

a community self help and support group for people affected by cancer

providing telephone support

Tina - 01793 823662

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MACMILLAN CANCER SUPPORT

Audrey - 01793 725039

Sally - 01367 358164

Richard - 01793 523479

Cirencester mates cancer support group

cirencestermates@gmail.com

Chris@fcn.org.uk

windoncircles@swindon.gov.uk

support@dragonfliesfamilysupport.org.uk

secondaryservices@breastcancercare.org.uk

info@boobs-breastcancerawareness.org

livmclennan@yahoo.com

odstockhealthfit@salisbury.nhs.uk

northwiltsu3a.contact@gmail.com

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