

Parent & Carer Support Groups

Is your child struggling with their mental health?

Join a TIC+ Parent & Carer Support Groups for six FREE sessions to inform & support parents and carers, helping you to understand your child's distress.

Who can attend? Parents & Carers of young people aged 11-18 living in Gloucestershire.

Where? Sessions are delivered remotely via Zoom or face-to-face in venues across Gloucestershire.

When? Times vary. Please visit our website for the full timetable of dates.



May 2023 Dates

02/05 - 13/06/23 | Tuesday Morning | 10:30am - 12:00pm | Gloucester

03/05 - 14/06/23 | Wednesday Evening | 7:00pm - 8:30pm | Zoom

03/05 - 14/06/23 | Wednesday Afternoon | 1.00pm - 2.30pm | Forest

04/05 - 15/06/23 | Thursday Evening | 7:00pm - 8:30pm | Tewkesbury

11/05 - 22/06/23 | Thursday Evening | 7:00pm - 8:30pm | Zoom

How do I book?

Head to www.ticplus.org.uk/parents-carers/parent-carer-support-groups/



Or you can book by scanning this QR code with your phone.