

## **DIABETES** FREE Information Session for Patients

## Are you living with type 2 diabetes?

This **FREE** session is a fantastic opportunity for patients of Hadwen Health to get information and practical tips from a **Diabetes Nutritionist**.

You'll hear about how you can help manage your diabetes through diet and lifestyle.

Wednesday 7<sup>th</sup> June 2023

5:45pm

Hadwen Health Glevum Way, Abbeydale, Gloucester, GL4 4BL

**NO BOOKING REQUIRED** 



HADWEN HEALTH www.hadwenhealth.co.uk