A patient information session on:

## HYPERTENSION

HIGH BLOOD PRESSURE



Sponsored by

We are running a FREE information session for patients of Hadwen Health\* who have been diagnosed with hypertension (high blood pressure) in the last two years.

Our expert speakers will talk about:

- Causes of high blood pressure.
- Risks associated with high blood pressure.
- Understanding blood pressure readings.
- Treatment options.
- Reducing and preventing high blood pressure.



Tuesday 12th March



6pm-7pm



**Hadwen Surgery**Glevum Way, Abbeydale, GL4 4BL

## Register to attend!

To register, scan the QR code or go to: https://forms.office.com/e/6am7DHSbQR.

Alternatively, you can ask for a paper registration form at the reception desk in Hadwen Surgery.



## Meet the speakers:



**Dr Tushar Raina**Consultant Cardiologist



**Dr Baskar Sokar** Consultant Cardiologist

